

# Patient Saliva Collection Guide for COVID-19 Testing



Qualitative Real-Time RT-PCR test for detection of RNA, SARS-CoV-2

This test is only available under Emergency Use Authorization only.

**Do not eat or drink anything 20 minutes before the specimen collection.**

*Specimen self-collection must be performed under supervision by a healthcare professional.*

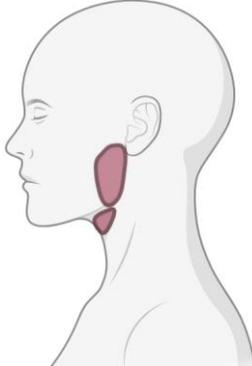
1

- Take the tube and lift the cover.



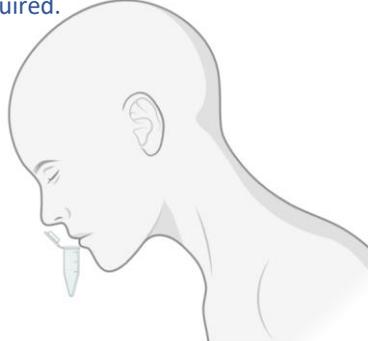
2

- Massage your neck underneath your jaw gently and pool saliva in your mouth.



3

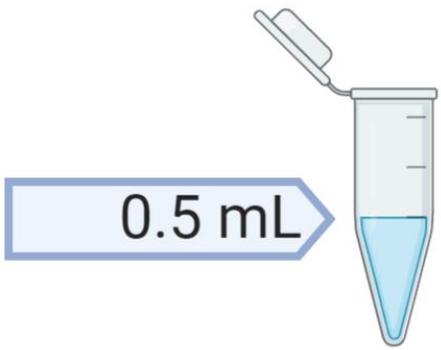
- Place your bottom lip against the lip of the tube. Saliva should be gently expelled from the mouth into the collection tube, no forceful spitting is required.



**Note:** Collect **normal** saliva that naturally pools into the mouth. Coughing or sniffing prior to sample collection must be avoided.

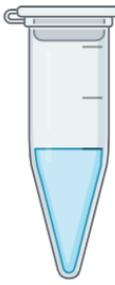
4

- Fill the tube to the first line, about 0.5 mL



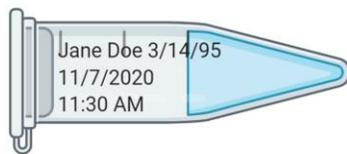
5

- Close the top of the tube until it clicks securely into place



6

- Label tube legibly with patient name, patient date of birth, collection time and day



7

- Place tube in the provided bag and make sure the bag is sealed.



- The total volume measured is to exclude any bubbles.

- Sample should be delivered to laboratory at room temperature < 25°C or refrigerated 2-8 °C within 5 days of collection